How to get in touch...
Camp Office
Open year round
summercamp@friendsbalt.org
410-649-3218 or 410-649-3209

Extended Day Offices
(Summer Only)
Ages 4 & 5: 410-649-3215
Ages 6+: 410-649-3297

Summer Offices
(Summer Only)
Camp Nurse: 410-649-3243
Junior/KinderCamp: 410-649-3225
Lower School: 410-649-3297

Camp Calendar
Themes, Special Events, and more
Weekly Themes included on page 17
The most current calendar is always posted at www.fs camp.org
A list of special activities was sent home in the mailing
Upcoming events are featured in the SUMMER SNAPSHOT

Stay informed...
Summer Snapshot
Our newsletter, published weekly at www.fs camp.org
Social Media
Follow us on Facebook, Twitter, and Instagram for the latest updates!
Email
Will email periodically about important info and special events!

Lunches, snacks, and food!
Lunch and snack provided for all full day camps!
Check out the menu on page 13
Did you know? Glass bottles, peanuts, and perishable food are prohibited! Learn more about our food program on page 4.

Camper Health Information
Sunscreen, Medication, and More
All campers must have a completed Health Record on file. See page 5.
Need medication during camp? All you need to know is on page 4.
Visit page 6 to learn about our sunscreen policy.

What to bring to camp...
-Hat
-Water bottle
-Sunscreen
-Backpack
-Tennis Shoes
-Sandals
-Swimsuit
-Towel
-Good Attitude
-Sense of Adventure
-Willingness to try new things

What not to bring...
-Cell Phones
-Electronics
-Jewelry or other valuables

Find our more about what to bring on page 6!
SUMMER AT FRIENDS

5114 N. CHARLES STREET
BALTIMORE, MARYLAND 21210-2096

CONTACTING CAMP OFFICES

Camp Office
E-mail: summercamp@friendsbalt.org          Phone: 410-649-3218 or 410-649-3209
Fax: 410-649-3307
Office Hours: 9:00 AM – 2:00 PM – during the school year
8:00 AM – 4:30 PM – June 17 through August 9

THE FOLLOWING OFFICES ARE OPEN FROM JUNE 17 TO AUGUST 9 ONLY!
Please do not call these extensions during the regular school year.

KinderCamp & Junior Camp: 410-649-3225

Camp Nurse: 410-649-3243
E-mail: campnurse@friendsbalt.org          Fax: 410-649-3226

Extended Day: Before 8:30 AM and after 4:30 PM
KinderCamp and Junior Camp (Ages 4-5) – Pre-Primary building: 410-649-3215 or 3225
All other Camps (Ages 6+) – Lower School Assembly Room: 410-649-3297

If you need to contact an office/camp that is not specifically listed above, call the Camp Office:
410-649-3218 or 410-649-3209.

EARLY CLOSURE/EMERGENCY COMMUNICATION

Announcements about early closures or other emergencies will be posted on the school’s website (www.friendsbalt.org), on the camp’s website (www.fscamp.org), and shared on our social media accounts. Cancellations and early closures will also be shared with WBAL TV/radio, WMAR, WJZ, and FOX 45.

CAMP OFFICE LOCATION – New this year!

The Camp Office is now located on the upper level of the Business/Development Office Building (marked 14 on the campus map). Enter through the white exterior door. Parking is available in the visitor’s lot marked “P3” on the campus map. (See page 14.)

ENROLLMENT & PAYMENT INFORMATION

Note: Registration is not complete until the Camp Office has received the Camper Health & Information Record.

Detailed enrollment and payment information is available online:
www.fscamp.org/page/apply-today
PRE-CAMP MEET AND GREET

For those parents and campers who would like to meet some of the Summer Camp staff members and visit our facilities, there will be Meet and Greet session on Saturday, June 1, beginning promptly at 10 am in the Dining Hall – marked “8A” on the campus map. (See page 14.) All are welcome, but attendance is not required.

PLEASE NOTE: Group assignments are made weekly within each camp. Campers will be informed of grouping on their first day of camp. This information will not be available on June 1st.

CALENDAR

The Summer Camp calendar is available online (www.fscamp.org/page/camp-calendar) and is updated throughout the camp season.

INDEPENDENCE DAY

ALL FRIENDS SCHOOL SUMMER CAMPS WILL BE CLOSED ON THURSDAY, JULY 4th.

Note: Fees are not prorated for this week.

SWIM PROGRAM

Only campers who have the swim permission section marked “yes” on their camp enrollment applications will be allowed to participate in the swim program (instructional or recreational). If you marked this section “no”, your child will not be permitted in the pool.

KinderCampers, Tech Tapas Campers, Junior, Intermediate, Senior, and Sports Campers have daily instructional swim classes. All other full-day campers have daily recreational swim times. All instructional classes are taught by certified WSI’s (water safety instructors).

Our swim program guidelines:
1. The pool is open and instructional/recreational swim classes are held as scheduled when it is raining.
2. The pool is closed and evacuated and swim classes are cancelled during thunderstorms or whenever our Swim Director determines it is necessary to close the pool and/or cancel classes.
3. All Campers must go to the pool with their group at their assigned time.
4. Unless the Swim Director has received a note indicating that a camper is not to participate in swim lessons (for the day or for a given time period), all campers are expected to participate in the instructional swim program.
5. All campers participating in instructional or recreational swim will be evaluated and classified as to swimming ability prior to participating in any water activity. Campers will then be assigned to swim in appropriate areas/groups.

BIRTHDAYS

Summer at Friends recognizes camper and staff birthdays as part of our regular camp activities, usually at lunchtime or with snack. If you wish to bring in a treat, please email the Camp Office (summercamp@friendsbalt.org) in advance. Notice is required so we can accommodate any allergies in your child’s group with a similar alternate treat (provided by that child’s parent). All treats must be store bought and in the original packaging with the ingredients listed on the label. (Reminder: food with nuts is prohibited, and refrigeration is generally not available.)
FOOD

Lunch, snack, and beverages are provided for all full-day campers! A snack with beverage will be provided daily for our half-day Kindercampers. The School’s food service company prepares lunch and snacks for our Summer at Friends programs. Lunch will be served in the Dining Hall, except for Junior Campers. (Lunches and snacks are brought to the Pre-Primary building for Junior and KinderCampers.) This summer’s menu has been carefully selected to include a delicious variety of food. The menu is included in this handbook (Page 13) and will be published each week in the camp newsletter (also available online: www.fscamp.org).

Campers with special food preferences or dietary needs may bring their own non-perishable food. REFRIGERATION IS NOT AVAILABLE FOR FOOD BROUGHT FROM HOME.

For those children who bring lunch from home, please follow these guidelines: Non-perishable food should be packed in an insulated lunch bag. Cold packs are suggested, as refrigeration is not available. Some suggested food items are: soy nut butter or cheese sandwiches or crackers, individual cans of tuna or fruit, fresh or dried fruit, raw vegetables, applesauce, and trail mix/granola bars.

Campers are not permitted to bring peanuts, peanut butter or glass bottles in their lunches.

MEDICAL INFORMATION

The Health Suite is located at the front of the campus between the Lower School and Forbush buildings (marked 2A on the campus map on page 14). It is accessible from the front and the back of the building. The Health Suite phone number is 410-649-3243.

The nurse is available (during the Pre-Camp Meet & Greet and during regular camp hours) to speak with parents of campers with any health concerns and/or medications that must be administered during camp hours. If you need to speak to her before camp starts, please call the Camp Office at 410-649-3218 to leave a message, and she will contact you.

If medication administration is necessary during camp hours for your child, please call the Camp Office at 410-649-3218 to request a Medication Packet that includes the necessary forms. It is required that the first dose of a medication be given at home with the exception of an Epipen. (Most antibiotics can be given effectively 2 or 3 times a day outside of camp hours.)

In order for ANY medication, prescription OR nonprescription/Over the Counter (OTC), to be given in camp, we require the following:

Medication Administration Authorization Form - completed by the physician or prescriber with physician/prescriber’s AND parent/guardian’s signature(s). This form should be completed and returned before your child starts camp. The Camp Nurse will review and make sure the Authorization Form is complete. Physician/prescriber authorization is required for each medication for each child. A new form is required each time there is a change to the original authorization on file. Parents/guardians must supply the medication(s).

- **Prescription Medication** (including inhalers and Epipens) must be in the original container labeled by the pharmacist or prescriber. The label must state: Patient’s Name, Prescription Number, Date Filled, Name of Medication, Directions for Use, and Prescriber’s Name.
- **Inhalers and Epipens** may be carried by a camper and self-administered **IF** authorized in the Medication Administration Authorization Form. An extra inhaler or Epipen should be supplied by the parent/guardian and kept in the Health Suite. **(No other prescription medications may be carried or self-administered by a camper.)** All inhalers and Epipens must be in the original container labeled by the pharmacist or prescriber.
- **Asthma Action Plan** – if your child has Asthma, a physician/prescriber must complete and sign the Asthma Action Plan and Medication Administration Authorization Form. Parent/guardian authorization is required on Page 2 Section III. If a camper needs to carry an Epipen or inhaler at all times, the **Asthma Medication Administration Authorization Form Page 2 Section IV** must be completed. Parents should supply inhaler and any other medication in the original container labeled by the pharmacist or prescriber.
• Allergy Action Plan - If your child has a severe allergy to bee stings, peanuts, tree nuts or other allergen, a physician/prescriber must complete and sign the Allergy Action Plan Form and the Medication Administration Authorization Form. A parent/guardian must sign after the physician/prescriber completes these forms. If a camper needs to carry an Epipen at all times, the Medication Administration Authorization Form Page 2 Section III must be completed. Parents should supply Epipen and any other medication in the original container labeled by the pharmacist or prescriber.

• Medical emergency action plans are also required for campers with diabetes or seizures. If medication is required during camp hours, a physician/prescriber must complete and sign the Medication Administration Authorization Form and a parent/guardian signature is also required. Parents should supply all medication(s) in the original container.

• Medical action plans may be required for campers who have other identified medical problems which could require specific medical treatment and supervision, emergency medication or an emergency plan of action. Please contact the Camp Nurse if you have questions or concerns about your camper.

• Nonprescription/Over the Counter (OTC) medications must be in the original container with the instructions for use. Please put your child’s name on the container. Campers may not carry or self-administer nonprescription/Over the Counter (OTC) medications.

• Parent/guardian must bring medication(s) to camp and give the medication(s) to the Camp Nurse or adult staff member. Please do not send medication with your camper or in backpacks.

• Campers may not carry medications with them to or from camp.

• Final Disposition of Medication: Parent/guardian must collect any unused medication at the end of the camp session. If not collected by the last day of camp, medication will be destroyed.

  Illness & camp attendance: Campers with a fever of 100 degrees or more, must be fever free (without fever reducing medication) for 24 hours before returning to camp. A camper who vomits or has diarrhea while at camp will be sent home. Campers must have no vomiting or diarrhea for 24 hours before returning to camp. If a child is absent from camp for 2 or more consecutive days for health reasons, a note from parent and/or doctor must be brought to the nurse when the child returns. The note must state the nature of the illness and/or injury and give permission for camper to return to regular or restricted activities.

*CAMPER HEALTH & INFORMATION RECORDS*

All participants in Friends School's Summer Camp are required by state law to have a Camp Health Record ON FILE PRIOR TO ATTENDANCE. Complete the Camper Health & Information Record and return it to the Camp Office by MAY 31st. Campers without health forms will not be allowed to participate in ANY activity until we receive the form! This means that any camper without completed forms will be separated from other campers and kept in a designated area, with no activities, until the forms are received or until a parent arrives to collect the camper from campus! NO Exceptions! Friends School reserves the right to require additional information, following receipt of the health form, that may cause the School to specify terms for acceptance, or deny admission if the Summer At Friends program determines that it cannot reasonably meet the needs of an individual camper. Therefore, REGISTRATION WILL NOT BE COMPLETE UNTIL THIS FORM IS RECEIVED. (See “Medical Information” section above.)

Please complete the section on page 2 of the Camper Health & Information Record regarding transportation to and from camp. List the names of anyone you are authorizing to collect your child from camp. If your transportation plans change, please notify the camp counselor or director.

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**Immunization Information**

Campers who reside OUTSIDE the United States, a United States territory, or the District of Columbia must also submit a Maryland Immunization Certificate (MDH-896) which has been completed and signed by the camper's physician. Call the Camp Office for this form (410-649-3218).

Campers who reside WITHIN the United States, a United States territory, or the District of Columbia must provide a list of exemptions IF they have not received all age-appropriate immunizations or do not have natural immunity to the disease. A list of required vaccines for the current school year can be found at: [http://phpa.health.maryland.gov/OIDEOR/IMMUN/Pages/back-to-school-immunization-requirements.aspx](http://phpa.health.maryland.gov/OIDEOR/IMMUN/Pages/back-to-school-immunization-requirements.aspx)
SUNSCREEN

To comply with Maryland Department of Health regulations for licensed day camps, authorization from the parent/guardian must be obtained before applying sunscreen at camp. The parent authorization must include the BRAND of sunscreen to be used by the camper and indicate whether staff members may assist the camper in the application of sunscreen.

The Sunscreen Permission Form was mailed to all campers and must be completed for any camper who will be using sunscreen at camp. This form is also available online because it needs to be updated whenever a new or different brand of sunscreen is sent to camp. (www.fscamp.org)

- We encourage the use of sunscreen by all campers attending Summer At Friends day camps.
- The completed and signed Sunscreen Permission Form must be received by the Camp Office BEFORE a camper is allowed to apply sunscreen during camp or extended day hours AND before any staff member is allowed to assist a camper with the application of sunscreen.
- If parents/guardians want camp staff members to assist their child in applying sunscreen, permission must be given on the permission form. If that section of the permission form is left blank, we will consider that a denial of permission.
- The permission form must include the BRAND of the sunscreen container provided for use at camp.
- Camp WILL NOT supply sunscreen to campers.
- Sunscreen MUST be provided by the parent/guardian.
- Campers MAY NOT share sunscreen.
- Campers are not permitted to assist each other in the application of sunscreen.
- Most campers should be able to apply sunscreen on their own with minimal or no staff assistance.
- It is the parents/guardians’ responsibility to ensure that their child has the BRAND of sunscreen indicated on the permission form. If the wrong BRAND of sunscreen is inadvertently sent to camp, THAT SUNSCREEN CANNOT BE USED BY OR APPLIED TO THE CAMPER.
- Sunscreen containers sent to camp should be CLEARLY LABELED WITH THE CAMPER’S NAME.
- Parents/guardians are encouraged to apply sunscreen to their child before the child arrives at camp for the day.
- If parents/guardians have granted permission for sunscreen application, camp staff members will ask campers to apply sunscreen, and will assist campers in applying sunscreen, at various times throughout the camp day.

PACKING FOR CAMP

- Campers should be dressed in play clothes. (Lightweight clothing is recommended on hot days because campers spend part of each day outdoors.) We ask that watches and all jewelry be left at home.
- Information about special theme days and spirit days will be distributed in the weekly newsletter, available on our website. A list of Weekly Themes is included on page 17.
- Campers should bring: sunscreen*, a towel, swimsuit, sandals or water shoes to be worn to the pool, and a backpack to store their clothing and belongings. Swim clothes should be taken home daily to be laundered. We recommend appropriate swimwear that safely and comfortably allows movement, such as one piece swimsuits and board shorts/swim shorts. [See “Sunscreen” section on page 6 for our Sunscreen Policy.]
- Campers should wear soft-soled athletic/tennis shoes with closed heels and toes. Sandals should be worn only to the pool. This helps decrease the number of foot injuries.
- A brimmed hat or visor is strongly recommended for all campers, especially Sports Campers and Senior Campers who are outside for tennis and sports throughout the day.
- Campers should bring a small water bottle that may be refilled on campus.
- ALL PERSONAL ITEMS (towels, swimsuits, shoes, underwear, jackets, water bottles, backpacks, etc.) SHOULD BE PLAINLY MARKED WITH THE CAMPER’S NAME. Every effort will be made to return marked items to their owner.
- LOST & FOUND BOXES are located in the Pre-Primary Building and in the Lower School Assembly Room. Items not collected from the Lost & Found Boxes by the last day of camp will be donated to a charity.
- CAMPERs SHOULD NOT BRING: MONEY, ELECTRONIC EQUIPMENT (cell phones, iPods, iPads, laptops, electronic games, e-readers, etc.), TOYS or VALUABLES such as trading cards. Friends School is not responsible for loss of or damage to personal property during the operation of its camp program. Valuables should not be brought to campus!
CELL PHONE USE AT CAMP

Campers are not allowed to use cell phones during the camp day or during extended day. If cell phones are brought from home, they must be turned off and stored in the camper’s backpack throughout the day. Parents/guardians who need to contact their children should call the Camp Office, and a message will be delivered. Camp directors or the Camp Nurse will assist any camper who needs to contact a parent/guardian. We appreciate your cooperation with this policy.

CAMP EXPECTATIONS

In accordance with the Quaker philosophy of Friends School, our Summer at Friends program strives to instill feelings of self-worth and confidence in every camper and to encourage respect, cooperation and consideration of others. We celebrate diversity and believe in the unique worth of each individual. We have guidelines in place to promote camper and staff safety. Campers, staff, and parents must all work together to ensure that Camp is a fun place to be. By following these simple rules, we will all benefit from the camp experience.

CAMPER EXPECTATIONS

Campers can expect...
- to be greeted each day with respect, excitement, and new challenges
- counselors to define rules, expectations, and responsibilities
- fair and equal treatment from other campers and all staff members

Campers are expected to...
- have fun!
- be safe!
- stay with their groups at all times
- follow directions
- try something new and engage in activities
- keep hands and feet to themselves
- use appropriate language
- ask questions
- talk with a counselor or director if they have any concerns

These expectations and any consequences for not following them are shared with campers on their first day, with reminders throughout the camp season.

Thanks for helping keep summer FUN!
For camper drop-off and pick-up information, please see the directions listed on the following pages under each specific camp/program.

A campus map is located on page 14 of this Handbook.

Please complete a Camper Pick-Up form (included in this handbook on page 16) and be prepared to hand it to the counselors at pick-up time. You will need a new form EACH DAY.

DO NOT RETURN THIS FORM TO THE CAMP OFFICE!
The Extended Day Program is available from 7:30 to 9 am and 4 to 6 pm ONLY for participants in one of our full-day camps (KinderCampers may only register for AM Extended Day):

KinderCampers (AM only) and Junior Campers –
will meet in the multipurpose room in the Pre-Primary Building - 410-649-3215 or 3225

All Other Campers –
will meet in the Lower School Assembly Room – 410-649-3297

The Extended Day program is offered as a service to parents. Children may be enrolled on a daily basis, but weekly enrollment is encouraged for children who need this service regularly. Children MUST be pre-registered through the Camp Office. If you did not enroll your child in the Extended Day Program when you completed the enrollment application, you must call or email the Camp Office to make the necessary arrangements. If not pre-registered in Extended Day, campers who are brought to campus more than 15 minutes BEFORE their scheduled camp time or who are left on campus more than 15 minutes AFTER their scheduled camp time will be entered into the Extended Day Program, and parents will be billed the "daily" fee:

AM Extended Day - $20/day  PM Extended Day - $20/day

Late Pick-Up Fee: Extended Day ends promptly at 6 pm. If campers are not collected by 6 pm, parents will be billed an ADDITIONAL LATE FEE OF $35 PER QUARTER HOUR AFTER 6 pm per family. Campers who are consistently picked up after 6 pm will be prohibited from using this program and must be picked up at 4 pm daily.

DROP-OFF AND PICK-UP For Extended Day ONLY
(before and after regular camp hours)

KINDER Campers and JUNIOR Campers - at the multipurpose room in the Pre-Primary Building (see the campus map on page 14). Parents should park in the lot in front of the Pre-Primary Building and accompany their children into the multipurpose room. Parking is not permitted in this lot after 8:45 am.

ALL OTHER CAMPERS - at the Lower School Assembly Room located in the front of the Lower School building facing Charles Street (see the campus map). Parents should park along the main driveway near the Lower School building and accompany their children into the Assembly Room. In the afternoon, campers may be involved in activities at various locations on campus, but counselors in the Assembly Room will locate your children for you and have them brought to the Assembly Room for sign-out. If you are in a hurry, please call ahead so your children can be waiting in the Assembly Room for you when you arrive on campus. (410-649-3297)

Note: These directions are for Extended Day participants only. For campers NOT enrolled in Extended Day, please see the drop-off and pick-up directions listed on the following pages under each specific camp.
KINDERCAMP and JUNIOR CAMP

These campers should be delivered to and collected from the Pre-Primary Building. (See 11A on the campus map on page 14.)

These campers will be using the entire Pre-Primary Building—with each group having an assigned room. The regular camp hours are 9 am to 12 pm for KinderCamp. (KinderCampers must be collected by 12:45 pm. There is no afternoon program option available for these campers.) The regular camp hours are 9 am to 4 pm for Junior Camp. Activities start promptly at 9 am, and definite arrangements must be made to pick-up children promptly each day. If you know you will be unavoidably delayed, call the Camp Office to make arrangements for Extended Day service.

Each day, there will be a wide variety of activities. If, for any reason, your child is not to participate in some of the regular activities of the camp (swimming, for instance), send a written excuse to the counselor on the day that participation is not allowed.

LATE ARRIVALS: If you arrive on campus after 9 am, please park and walk your camper into the office in the Pre-Primary Building.

EARLY DISMISSALS: If a child needs to leave camp other than at the regular time or is being picked up by anyone other than the usual parent or carpool, please send a written note to the Camp Director. Parents must sign the early pick up log in the office.

PLEASE NOTE: Early pick-up requests must be for a time EARLIER THAN 12 pm for KinderCampers and 3:30 pm for Junior Campers.

All campers will receive a daily snack. Junior Campers will also receive lunch. (See “Lunch Menu” and “Food” sections of this handbook.) Campers will receive a camp tee shirt. Junior Campers should bring a blanket or large towel in a plastic bag or backpack. The blanket will be used for quiet rest time and should be taken home at the end of each week to be laundered. Blankets and bags/backpacks should be clearly marked with the camper’s name. The programs for KinderCamp and Junior Camp include instructional swimming; please see “Swim Program” and “Clothing/Equipment” sections of this handbook.

JUMPBUNCH will be providing a weekly one-half hour sports/fitness class on our campus for each Junior Camp group. Their permission form was included in our camp mailing, and you must complete their permission form in order for your camper to participate in their program. If you need this form, please call the Camp Office.

➢ If you need to speak with a director or counselor, please call to make an appointment or to leave a message requesting a return call. Staff members do not have time to meet during drop-off and pick-up times when they are responsible for supervising campers.

DROP-OFF AND PICK-UP For KinderCamp and Junior Camp:

Drop-off is 8:45-9 am. Activities start promptly at 9 am. KinderCamp pick-up time is 12:30-12:45 pm. Junior Camp pick-up time is 4-4:15 pm (Carpool lines usually begin forming by 3:45 pm, and campers may be collected as soon as they arrive at the pick-up location.) Campers who are brought to campus before 8:45 am or who are left on campus after 4:15 pm will be entered into the Extended Day Program, and parents will be billed the “daily” fee. (KinderCampers must be collected by 12:45 pm. There is no afternoon program option available for these campers.)

Drop-off and pick-up will be at the circle in front of the Pre-Primary Building. Counselors will collect children there at drop-off time and bring the children there at pick-up time. Parents should use the main driveway from Charles Street and continue to the Pre-Primary Building where the line forms. Parents should remain in their cars and leave their children with the counselor at the drop-off point. THE DRIVEWAY IN FRONT OF THE PRE-PRIMARY BUILDING HAS TWO-WAY TRAFFIC. Once you are on the driveway in front of the Pre-Primary Building, you will not be permitted to stop and leave your car. PARKING IS PROHIBITED IN FRONT OF THE PRE-PRIMARY BUILDING AT DROP-OFF AND PICK-UP TIMES. If you need to accompany your child into the building, you may park in the visitor lot, marked P3, on the campus map.

Please complete the enclosed Camper Pick-Up form on page 16 and be prepared to hand it to the counselors at pick-up time. You will need a new form each day. DO NOT RETURN THIS FORM TO THE CAMP OFFICE.
INTERMEDIATE, SENIOR, SPORTS, CREATIVE TECHNOLOGY, and FINE ARTS CAMPS

Children enrolled in any of the camps listed above should be delivered to and collected from the main driveway near the Lower School building. (See 2 on the campus map on page 14.) These campers will be using the entire Friends School campus, but each group will have an assigned area in one of the buildings where campers will meet their counselors each morning. If a child needs to leave camp other than at the regular time or is being picked-up by anyone other than the usual parent or carpool, please send a written note to the counselor.

The regular camp hours are 9 am until 4 pm. Activities start promptly at 9 am, and definite arrangements must be made to pick-up children promptly each day. If you know you will be unavoidably delayed, call the Camp Office to make arrangements for Extended Day service. Each day, there will be a wide variety of activities for campers. If, for any reason, your child is not to participate in some of the regular activities of the camp (swimming, for instance), send a written excuse to the counselor on the day that participation is not allowed.

The programs for all camps in this section include swimming. (See “Swim Program” and “Clothing/Equipment” sections of this handbook.)

Full-day campers will receive lunch and a snack each day. (See “Lunch Menu” and “Food” sections of this handbook.)

All campers will receive a camp tee shirt.

**LATE ARRIVALS:** If you arrive on campus after 9 am, please park and walk your camper into the LOWER SCHOOL ASSEMBLY ROOM. The counselor there will be able to locate your camper’s group and accompany your camper to the group’s location. PLEASE DO NOT LEAVE YOUR CAMPER AT THE CURB TO WALK ACROSS CAMPUS. BUILDINGS ARE LOCKED AND CAMPER WILL NOT BE ABLE TO ENTER! We never allow campers to walk alone on campus, AND we have no way of knowing that your child is on campus unless you check in at the Lower School Assembly Room. It is unsafe, and frightening, for a camper to be locked outside a building. PLEASE FOLLOW THIS PROCEDURE TO ENSURE YOUR CHILD’S SAFETY!

**EARLY DISMISSALS:** If the counselor receives a written note for an early pick-up, your camper will be brought to the Lower School Assembly Room* at the specified pick-up time. Please park along the main driveway near the Lower School building and walk to the Assembly Room to meet your child. These campers use the entire campus, and if you have not sent a written request for early pick-up, it will take time to locate your children and have them taken to the Assembly Room for pick-up.

*Parents may not pick up campers from any other campus location. Parents must sign the early pick-up log in the Lower School Assembly Room.

**PLEASE NOTE:** Early pick-up requests must be for a time EARLIER THAN 3:30 pm.

➢ If you need to speak with a director or counselor, please call to make an appointment or to leave a message requesting a return call. Staff members do not have time to meet during drop-off and pick-up times when they are responsible for supervising campers.

**INTERMEDIATE CAM佩ERS:** JUMPBUNCH will be providing a sports/fitness class on our campus twice weekly for Intermediate Camp groups. Their permission form was included in our camp mailing, and you must complete their permission form in order for your camper to participate in their program. If you need this form, please call the Camp Office.
SPORTS and DANCE CAMPERS: Information regarding special equipment needed for camp was included in the camp mailing. The information is also included as Addendums to this Handbook.

DROP-OFF AND PICK-UP For Intermediate, Senior, Sports, Creative Technology and Fine Arts Camps:

Drop-off time is **8:45-9 am**. Activities start promptly at **9 am**. Pick-up time is **4-4:15 pm**. (Carpool lines usually begin forming by **3:45 pm**, and campers may be collected as soon as they arrive at the pick-up location.) **Campers who are brought to campus before 8:45 am or who are left on campus after 4:15 pm will be entered into the Extended Day Program, and parents will be billed the "daily" fee.**

Drop-off and pick-up will be along the main driveway near the Lower School building. Counselors will collect children there at drop-off time and bring the children there at pick-up time. Parents should use the main driveway from Charles Street and immediately move to the right lane, allowing other cars to continue down the driveway. **Parents should remain in their cars** while waiting to drop-off or pick-up children. **Campers should only exit vehicles on the passenger's side by the curb. PARKING IS PROHIBITED ALONG THE MAIN DRIVEWAY.** If you need to accompany your child into a building, you may park in the **visitor lot, marked P3**, on the campus map.

To ensure the safety of our campers and staff; please follow the directions of our Traffic Staff.

*Please complete the enclosed Camper Pick-Up form on page 16 and be prepared to hand it to the counselors at pick-up time. You will need a new form each day. DO NOT RETURN THIS FORM TO THE CAMP OFFICE.*
# SUMMER at FRIENDS
## LUNCH MENU 2019

### WEEK #1  JUNE 17 - JUNE 21
- **Monday**: Ham & Cheese Sandwich  
- **Tuesday**: Chicken Tenders w/sauce  
- **Wednesday**: Tacos – veggie or meat  
- **Thursday**: Cheese Tortellini with tomato or meat sauce  
- **Friday**: Grilled Cheese Sandwich

### WEEK #2  JUNE 24 – JUNE 28
- **Monday**: Hamburgers/Veggie Burgers  
- **Tuesday**: Chicken or Cheese Quesadilla  
- **Wednesday**: Pasta w/tomato or meat sauce  
- **Thursday**: Chicken Tenders w/sauce  
- **Friday**: Pizza Party – Cheese Pizza  
  Fruit, and Popsicles

### WEEK #3  JULY 1 – JULY 5
- **Monday**: Grilled Cheese Sandwich  
- **Tuesday**: All Beef Hot Dogs  
- **Wednesday**: Grilled Chicken Sandwich  
- **Thursday**: CLOSED FOR THE JULY 4th HOLIDAY  
- **Friday**: Macaroni and Cheese

### WEEK #4  JULY 8 – JULY 12
- **Monday**: Turkey Breast Sandwich  
- **Tuesday**: Hamburgers/Veggie Burgers  
- **Wednesday**: Pasta w/tomato or meat sauce  
- **Thursday**: Chicken Tenders w/sauce  
- **Friday**: Mid-Summer Celebration – Assorted Fajitas, Fruit, and Popsicles

### WEEK #5  JULY 15 – JULY 19
- **Monday**: Grilled Cheese Sandwich  
- **Tuesday**: Cheese Tortellini w/tomato or meat sauce  
- **Wednesday**: Grilled Chicken Sandwich  
- **Thursday**: Ham & Cheese Sandwich  
- **Friday**: Tacos – veggie or meat

### WEEK #6  JULY 22 – JULY 26
- **Monday**: Chicken Tenders w/sauce  
- **Tuesday**: Turkey Breast Sandwich  
- **Wednesday**: All Beef Hot Dogs  
- **Thursday**: Pasta w/tomato or meat sauce  
- **Friday**: Pizza Party – Cheese Pizza  
  Fruit, and Popsicles

### WEEK #7  JULY 29 – AUGUST 2
- **Monday**: Chicken or Cheese Quesadilla  
- **Tuesday**: Macaroni & Cheese  
- **Wednesday**: Tacos – veggie or meat  
- **Thursday**: Ham & Cheese Sandwich  
- **Friday**: Grilled Cheese Sandwich

### WEEK #8  AUGUST 5 – AUGUST 9
- **Monday**: Pasta w/tomato or meat sauce  
- **Tuesday**: Chicken Tenders w/sauce  
- **Wednesday**: Grilled Cheese Sandwich  
- **Thursday**: End of Camp Celebration Luncheon – All Beef Hot Dogs, Hamburgers/Veggie Burgers, Assorted Chips, Watermelon, and Popsicles  
- **Friday**: Turkey Breast Sandwich

Lunch will be served in the Dining Hall, except for Junior Campers who will eat in the Pre-Primary Multipurpose Room. Junior and KinderCampers will receive 100% juice or water with their lunches and snacks. Beverages for all other campers will be water, lemonade, or punch. Sandwiches will be served on a variety of breads.

**ALL LUNCHES WILL INCLUDE:**  **ENTRÉE, A BEVERAGE, A FRUIT ITEM** (fresh fruit, raisins, applesauce, fruit cups, etc.) and **A DESSERT ITEM** (yogurt, pudding cups, chips, cookies, pretzels, etc.). **Daily snack** will be a fruit or dessert item - different than the items served with lunch that day - and a beverage.

In place of the daily entrée, campers may request an alternative sandwich – either American Cheese or Sunflower Butter. (These are the only two alternative entrée options.)

Campers with special food preferences or dietary needs may bring their own food. (Refrigeration is not available. Please see “Food” Section of the Parent Handbook.)
# SUMMER CAMP
## CAMPUS MAP KEY

### Buildings Used by Camp Groups

<table>
<thead>
<tr>
<th>Building</th>
<th>Purpose</th>
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<tbody>
<tr>
<td>11</td>
<td>Pre-Primary Building (KinderCamp and Junior Camp)</td>
</tr>
<tr>
<td>11A</td>
<td>Multipurpose Room (Extended Day – (KinderCamp and Junior Camp))</td>
</tr>
<tr>
<td>2A</td>
<td>Lower School Assembly Room (Camper Late Arrival Check-In and Early Pickup Sign-Out)</td>
</tr>
<tr>
<td></td>
<td>(Extended Day -- ALL CAMPS \textbf{EXCEPT} KinderCamp &amp; Jr. Camp)</td>
</tr>
<tr>
<td>2A</td>
<td>Health Suite (Camp Nurse)</td>
</tr>
<tr>
<td>2A</td>
<td>Lower School (Babysitter Training Class – Room 225 (3-6 pm))</td>
</tr>
<tr>
<td></td>
<td>(CPR/First Aid/AED Training Class – Room 225 (4:30-6:30 pm))</td>
</tr>
<tr>
<td></td>
<td>(Enter building through Assembly Room door.)</td>
</tr>
<tr>
<td>3</td>
<td>Forbush Building</td>
</tr>
<tr>
<td>3A</td>
<td>Forbush Building Auditorium (Tech Camp Showcases)</td>
</tr>
<tr>
<td></td>
<td>Fine Arts Camps Performances</td>
</tr>
<tr>
<td></td>
<td>Camp Closing Ceremony (August 9, 2019)</td>
</tr>
<tr>
<td>7</td>
<td>Middle School</td>
</tr>
<tr>
<td>8</td>
<td>Gymnasium Building - Gyms</td>
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<tr>
<td>8A</td>
<td>Gymnasium Building – Dining Hall (Pre-Camp Meet &amp; Greet)</td>
</tr>
<tr>
<td></td>
<td>(Campers &amp; Parents invited – 10 am June 1, 2019)</td>
</tr>
<tr>
<td>8B</td>
<td>Gymnasium Building - Dance Studio</td>
</tr>
<tr>
<td>12</td>
<td>Alumni Center</td>
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<tr>
<td>14</td>
<td>Camp Office (Upper level of the Business/Development Office Building)</td>
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<tr>
<td></td>
<td>(Enter building through upper level white door.)</td>
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### Parking

- **P5** Parking for Drop-Off/ Pick-Up from Extended Day (Lower School Assembly Room) ONLY
- Parking for Health Suite
- **P3** Parking for parents who wish to accompany campers into a building; parking for Camp Office
- **P2** Parking for Drop-Off/ Pick-Up from Extended Day (Pre-Primary Multipurpose Room) ONLY

---

Please park ONLY in designated parking areas.

*When on campus, please follow the drop-off and pick-up directions printed in the Parent Handbook.*
SUMMER AT FRIENDS - CAMPER PICK-UP FORM

CAMPER NAME: ____________________________________________________________
One camper per form

CAMP/GROUP #: __________________________________________________________

VEHICLE COLOR: _________________________________________________________

MODEL: (PLEASE CIRCLE) CAR   SUV   VAN   TRUCK   OTHER

DATE: _____________

NAME: _________________________________________________________________
Printed name of person collecting this camper

Please complete this form and hand it to the counselor in the pick-up line. Use a new
form each day. DO NOT MAIL THIS FORM TO THE CAMP OFFICE.

SUMMER AT FRIENDS - CAMPER PICK-UP FORM

CAMPER NAME: ____________________________________________________________
One camper per form

CAMP/GROUP #: __________________________________________________________

VEHICLE COLOR: _________________________________________________________

MODEL: (PLEASE CIRCLE) CAR   SUV   VAN   TRUCK   OTHER

DATE: _____________

NAME: _________________________________________________________________
Printed name of person collecting this camper

Please complete this form and hand it to the counselor in the pick-up line. Use a new
form each day. DO NOT MAIL THIS FORM TO THE CAMP OFFICE.
Summer 2019

“Stories Around the Campfire”

Camp Weekly Themes

Week 1: Through the Years
Week 2: SciFi: Into the Future
Week 3: Through the Looking Glass
Week 4: Mysteries
Week 5: The Unsung Heroes
Week 6: Fairy Tales
Week 7: Captain Jack’s Great Adventure
Week 8: Friends Around the Campfire *

*Families of campers registered in a Week 8 Program will be invited to our 5th Annual Camp Closing Ceremony at 2pm on August 9, 2019.

*Families of KinderCampers registered for Week 8 will be invited to our KinderCamp Celebration at 11:30 am on August 9, 2019.

More information about weekly themes, special days, and special activities will be distributed in our weekly newsletter!
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### NOTE:

**Creative Technology Camps include:** Tech Tapas, Robots & Rockets, Animation, Claymation, Fun with Architecture, Phantastic Photography, Video Camp, Creative Chefs, and MakersCamps.

**Fine Arts Camps include:** Visual Arts Camp, Dance Camp, Imagination Alive, and Take Two.

### ADDENDUMS

The following letters were sent with the Camper Mailing to campers registered in these particular camp programs. These letters contain camp specific information. Please contact the Camp Office if you have any questions.
SPORTS CAMP INFORMATION

Campers enrolled in Sports Camp will need the equipment listed below for each sport. Lunch and an afternoon snack will be provided, and water stations are available. We strongly recommend and encourage the use of sunscreen. (However, you must first complete a “Sunscreen Permission Form”.) *Please refer to the Parent Handbook for information regarding health forms, sunscreen usage, swimming, lunch, etc.*

**WHAT TO BRING EVERY DAY**

- Refillable water bottle
- Swim Suit
- Sandals or water shoes
- Hat or visor
- Towel
- Nut-free snack for the morning
- Backpack
- Tennis racquet (optional)

**SPORT SPECIFIC EQUIPMENT & INFORMATION**

**TENNIS (Week of June 17):**

Players should wear shorts, tee shirts, socks, and tennis shoes. Racquets will be provided, but players may bring their own. No other equipment is needed. In case of inclement weather, the program will move inside to the gymnasium.

**FLAG FOOTBALL (Week of June 24):**

Players should wear shorts, tee shirts, socks, and athletic shoes (no metal cleats). In case of inclement weather, the program will move inside. Soft-soled shoes are required in the gymnasium. No other equipment is needed.

**SOCCER (Weeks of July 1, July 15, and July 29):**

Players should wear shorts, tee shirts, shin guards, socks, and athletic shoes (no metal cleats). In case of inclement weather, the program will move inside. Soft-soled shoes are required in the gymnasium.

**BASEBALL (Weeks of July 8 and August 5):**

Players should wear sweat pants or shorts, tee shirts, socks, and athletic shoes (no metal cleats). Bring a glove. Bats and helmets will be provided, but players may bring their own. In case of inclement weather, the program will move inside. Soft-soled shoes are required in the gymnasium.

**BASKETBALL (Week of July 22):**

Players should wear shorts, tee shirts, socks, and gym shoes. No other equipment is needed. Instruction for this sport is primarily in the gymnasium.

**DAILY SCHEDULE**

In addition to the sport of the week, campers participate in daily instructional swim and tennis instruction.

- Sports Instruction & Games
- Morning Snack
- Scrimmages or Recreational Games
- Lunch
- Instructional Swim
- Afternoon Snack
- Tennis Instruction

If you have any questions, please contact the Camp Office – 410-649-3218 or summercamp@friendsbalt.org
DANCE CAMP INFORMATION

Campers enrolled in Dance Camp will need the equipment listed below. Lunch and snack will be provided, and water stations are available. We strongly recommend and encourage the use of sunscreen. (However, you must first complete a “Sunscreen Permission Form”.) Please refer to the Parent Handbook for information regarding health forms, sunscreen usage, swimming, lunch, etc.

WHAT TO BRING EVERY DAY

☐ Comfortable Athletic Attire☐ Refillable Water Bottle
☐ Towel☐ Backpack
☐ Jazz shoes or Ballet Slippers (optional)☐ Swim Suit
☐ Athletic/Tennis Shoes☐ Sandals or water shoes

IMPORTANT INFORMATION

- Campers should wear clothes that they are comfortable moving in. Specialized attire (tights, etc.) is not required for this program.
- Dance Camp will be featured in our 5th Annual Camp Closing Ceremony on August 9, 2019 at 2:00 PM in the Forbush Auditorium.
- More information about these performances will be announced in the Summer Snapshot, published weekly during the summer at www.fscamp.org

DAILY ACTIVITIES

Dance Instruction
Lunch
Recreational Swim
Group Games
Snack

If you have any questions, please contact the Camp Office – 410-649-3218 or summercamp@friendsbalt.org
Dear Future Babysitter:

Congratulations! You will be participating in a Safe Sitter, Inc. course. A letter to parents/guardians of participants from SafeSitter is included on the reverse of this page.

Safe Sitter, Inc. requires that all participants and parents/guardians complete the attached Safe Sitter Registration Form and Safe Sitter Student Contract. Participants in the Safe Sitter class must also complete the Summer at Friends Camper Health and Information Record. All of these forms are included in this packet.

Registration is not complete until the Camp Office has received all forms.

❖ ❖ ABOUT THE CLASS ❖ ❖

This class will be held in Lower School Room 225 (2A on the map below). The Lower School is the first building on the right side of the main driveway. Enter the building via the Lower School Assembly Room (a big brown door facing the playground on the Charles Street side). Camp Staff in the Assembly Room will direct you to Room 225.

You must attend all classes in order to receive the certificate of completion. It is important that you arrive on time so that you do not miss any material. Class starts promptly at 3:00 p.m. and will dismiss at 6:00 p.m.

Be sure to bring a positive attitude, the Babysitter's Handbook, and a pen or pencil to class every day.

If you have any questions, please contact the Camp Office – 410-649-3218 or summercamp@friendsbalt.org

CAMPUS MAP EXCERPT
(for a complete map, please consult the Parent Handbook at fscamp.org)
Dear Camper:
Congratulations! You will be participating in a Red Cross First Aid, CPR, and AED Course. Campers must complete the Summer at Friends Camper Health and Information Record.

Registration is not complete until the Camp Office has received all forms.

 Fancy about the Class

This class will be held in Lower School Room 225 (2A on the map below). The Lower School is the first building on the right side of the main driveway. Enter the building via the Lower School Assembly Room (a big brown door facing the playground on the Charles Street side). Camp Staff in the Assembly Room will direct you to Room 225.

You must attend all classes in order to receive the certificate of completion. It is important that you arrive on time so that you do not miss any material. Class starts promptly at 4:30 p.m. and will dismiss at 6:30 p.m.

Class Dates: June 25 - June 27, 2019 (3 days)

Be sure to bring a positive attitude and a pen or pencil to class every day.

If you have any questions, please contact the Camp Office – 410-649-3218 or summercamp@friendsbalt.org

(CAMPUS MAP EXCERPT
(for a complete map, please consult the Parent Handbook at fscamp.org)